

Prayer

Prayer is described as 'a solemn request or expression of thanks addressed to God'. I never feel as though I pray enough, which makes me feel guilty then, when I do ask God for help with a particular situation or problem. I feel like I'm the friend who you only ever see when they want something. But then a lot of people say they feel they don't pray enough - so it seems many of us could do with some help when it comes to prayer.

I recently assisted Heather in hosting a 'Bishop's Certificate in Discipleship & Mission' module on prayer. The 'course' was spread over three Saturday mornings and it made me realise just how many different types of prayer exist as well as the many different ways we can pray ourselves. There are some simple guidelines that we can follow to help us pray. The first is called Teaspoon because it is based on an acronym "tsp" - Thank you - Sorry - Please. First we say Thank you God for Followed by Sorry for and then Please help Another is "ACTS" - Adoration, Confession, Thanksgiving, Supplication (or petitioning). They are easy to remember and help to structure our conversation with God. Of course there is also the prayer that Jesus taught us in Matthew 6: 9-13 - The Lord's Prayer.

There are also many books full of prayers to help us in different situations; prayers for the sick, prayers for a friend in need, morning prayers, evening prayers etc. etc.

At Holy Trinity we will be hosting a Prayer morning on a Saturday in the near future so, if you are interested, look out for the date when it is announced.

Finally I will sign off with a Prayer I recently came upon:

God of the still small voice, teach us each day to find time for moments of quietness - time to ponder, to pray and to meditate on your gracious love. Breathe peace within our souls, so that we may see the demands and responsibilities of daily life in a fresh light, able to meet them with rekindled faith and calm assurance, through Jesus Christ our Lord. Amen.

God bless, Nick (Miles)

SERVICES AND SEASONAL DATES FOR YOUR DIARY						
Date/Time &	Season / Theme	Readings to reflect				
Service		on				
3 rd July – 10am	6 th after Trinity /	Luke 10:1-11				
Holy Communion	Proper 9					
10 th July - 9.00am	7 th after Trinity /	Luke 10:25-37				
Holy Communion	Proper 10					
17 th July – 10.00am	8 th after Trinity /	Luke 10:38-42				
Holy Communion	Proper 11					
17 th July – 4pm	St Peter's	Churches Together				
SONGS OF PRAISE	Galley Common	(+ Messy Church 2.30)				
24 th July - 10.00am	9 th after Trinity /	Psalm 138 or				
All Age Worship	Proper 12	Luke 11:1-4				
31 st July - 10am	10 th after Trinity / Proper	Psalm 107:1-9, 43				
+ Bring a Picnic	13 Joint Service at					
·	Hartshill					

**** Please note that the 5^{th} Sunday in July is a joint service at 10am at Holy Trinity Hartshill

followed by a picnic (outside if dry – inside if wet!!!)
So do come along and bring your own picnic to eat following the service ****

WHAT'S ON IN JULY				
1pm Sausage Sizzle				
7pm Singing Group in church				
7.30pm Summer Concert at St Peter's, Galley Common				
3.30pm Messy Church in the Community Centre 7pm Mothers' Union Summer Barbecue				

Prayer group takes place in Church every Tuesday at 9.15am Children' groups take place on 1st and 3rd Sundays during Holy Communion Trinity Tots in the Community Centre every Monday during term time at 1pm Over 50s group in the Community Centre every Wednesday at 1pm – 3pm



For Hartshill, Galley Common and area

Again nothing new to report this month – as we are about to meet as a committee this week as I type this report. So perhaps this month let us reflect on what you may have learned from other churches and traditions over your journey of life and faith. I know I have really apppreciated other congregations and communities I have been a part of as, although I started life in the Church of England and am ordained into this tradition now, I have been involved with many other churches ranging from Roman Catholicism and the house church movement, with the baptist and methodist church in between! We are especially blessed in the village of Hartshill to have our friends at "The Society of Friends" (Quakers) as well as our brothers and sisters down the road at St Anne's – and it is especially good when we can do things together.

The next opportunity to do this will be our Songs of Praise combined with Messy Church first – so fun for everyone. So save the date and join us if you can....

* Dates for the diary *

Sunday 17th July – St Peter's Galley Common

Messy Church 2.30-3.30pm (in the Hall)

& Songs of Praise 4pm (outside if dry in the church if wet!)

...for... "How good and pleasant it is when brothers and sisters live together in unity...for there the LORD bestows his blessing, even life forevermore." (Psalm 133)

Heather

Praying for our Parish in July

Proverbs 3:5-6 - "Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths."

- Pray for those in trouble, that they won't be afraid to seek help and that family and friends will support them in their needs
- 2 Pray for good weather for the Sausage Sizzle. That the community will embrace the event and Christians will embrace going out into the community.
- 3 Pray for those going through financial hardships that they will be encouraged to recognise their problem and seek advice and help.
- 4 Pray for young people, especially those about to break up for the summer holidays. Pray for their protection and safety.
- 5 Help us to see the good in others and not to look for negative and bad things all the time.
- 6 Pray for those who mourn the loss of a loved one, that they may be comforted in their sorrow.
- Pray for the war torn areas of the world, that peace will soon overcome conflict.
- 8 Pray for migrants living in refugee camps throughout the world and for all those fleeing persecution and poverty.
- 9 Bless all young people who have completed GCSE's and A Levels. Help them to be calm as they await their results.
- 10 Pray for guidance in times of change, particularly we think of the situation with the EU.
- 11 For wisdom and an open heart to listen to God's calling at the PCC meeting.

- 12 Thank God for all the many gifts that He has blessed you with.
- 13 In the busyness of the day, help us to be mindful about how we spend our time.
- 14 Thank God for your family and friends.
- 15 Pray for all those who are victims of any sort of abuse and that their abusers will see the misery they are causing and stop it.
- 16 Pray for those suffering persecution because of their Christian beliefs.
- 17 Pray for Harry Cartwright as he is baptised today and for his family as they support and guide him as he grows. Also that the churches together Songs of Praise service will be enjoyed by many as our different faiths come together to worship.
- 18 Thank God that He is always with us, giving us support, strength and guiding us if we are willing to listen.
- 19 Pray for those who find life hard either through age or ill health. Particularly that they will get the help they need.
- 20 Pray for all who attend Messy Church that they will have fun and fellowship as they meet to learn about Jesus. For patience, guidance and wisdom for those who lead and help.
- 21 Pray for all those with eating disorders, low self-esteem or other mental health issues.
- 22 Thank God for the miracle of new life and bring to him any new members of your family. Pray also for patience and love for all new parents
- 23 Pray that God will bless Abie and Matt on their wedding day and throughout their married life.
- 24 Pray for those in need within our community. We particularly thank God for those who run the Food Banks throughout the country
- 25 Pray for all grandparents remembering that the role the play in families is often very important and key to the younger members.

- 26 Pray that we will all make good use of the natural talents and gifts that God has given us.
- 27 Pray for those who are lonely perhaps you could make time to visit a neighbour who is on their own.
- 28 Pray for those who seek answers to their problems through the use of drink or drugs.
- 29 Thank God that He is a God of healing. Help us to be as forgiving as He is.
- 30 Pray for all those with terminal illnesses and their family and friends who love and care for them.
 - Open our eyes to the beauty of the world around us. We particularly pray
- 31 for good weather as Holy Trinity Hartshill and St Peters Galley Common join together for a picnic after worship.

If you want to know how to pray for the wider diocese - then use this link to get the Diocesan Prayer Diary which goes online each month

http://www.dioceseofcoventry.org/resources/PrayerDiary

Church Flowers in July



3rd For Christopher Merry

17th For Albert Latham

24th For Walter & Betty Miles

31st For Marian & Robert Wilkinson

Thank you for your generous donations towards the flowers.

If you would like sponsor the altar flowers, perhaps to celebrate an event or remember a loved one, please see Jan in church or telephone her on 02476 395467.



All are welcome

Our dates for the next year are:

Come along for fun, crafts, food and a little mess!!!

The next session is based on friends of Jesus...

July 20th – John the Baptist

+

Then for the school holidays we have...

August 17th – Summer Fun!

All at the usual time of 3.30pm – 5.30pm

*** At Hartshill Community Centre ***
(next to Holy Trinity Church, Church Road)

Cost? Free – but donations are welcomed.

Invite your friends too & hope to see you there!





THE MISSION TO SEAFARERS

The Mission to Seafarers was founded in 1856, although it's work started some 20 years earlier when Revd. John Ashley began visiting ships at anchor in the Bristol Channel and, struck by their isolation and needs, he set up a ministry to seafarers which became the Bristol Channel Mission. His work soon inspired Anglican ministries in other ports and it was decided that there should be one organization called The Missions to Seamen (it became the Mission to Seafarers in 2000).

Today, this charity works in over 200 ports worldwide and run seafarers' centres in 121 ports, offering refreshments, television and other recreational activities, giving seafarers a chance to spend time away from the ship while docked and also offer internet and phone facilities to get in touch with families back home. Many seafarers are away from home for many months to provide for their families and live in cramped conditions, have harsh and sometimes unsafe working conditions and encounter tension and bullying between crew members and the isolation from family and friends can lead to loneliness, anxiety and depression.

The Mission to Seafarers' chaplains visit hundreds of ships a day in ports to offer help, support, advice and a listening ear to crew members' problems. Some disreputable ship owners don't pay crew members their wages for months on end and some owners even abandon ships leaving the crew on board to fend for themselves with no supplies and no way to get themselves home, often thousands of miles away. The Mission to Seafarers step in and offer caring help and repatriation and also work to uphold seafarers' rights, to ensure justice, fair pay and better working conditions at sea and also fight to recover wages which haven't been paid to the sailors.

Sometimes a crew member is injured at sea and is taken to hospital at the next port and left there while the ship continues on its journey. Imagine being all alone in a foreign country and probably not being able to speak the language of that country you've been left in. The chaplains visit the sailor while in hospital and tries to inform the family and relocate him after recovery.

There are around one and a half million seafarers, many of whom come from very poor countries who work away from home to provide for their families. Piracy is a terrifying reality for many seafarers as they sail in the area of Somalia and many ask the chaplains for prayers for their safety. There are hundreds currently being held hostage by pirates and endure torture in dehumanising and brutal conditions. These are the ever present risks taken by seafarers as they bring our food and household goods to us.

Have a look around your home and guess how many things have arrived by sea. What would you say? 30%, 50%, maybe 70%. The answer in over 90%! Even if you found something made in England, a lot of the raw materials are foreign and arrive by ship. Lots of our food items are transported by sea too and the fuel for our transport arrives in huge tanker ships.

Each year in July there is a special day to remember these seafarers who risk their lives and leave their families to bring us our essentials and our luxuries. This year Sea Sunday in on 10th July; so you may like to think about those working at sea or to say a prayer for them. (Also see the wordsearch on the next page.)

Many seafarers come from hot countries like the Philippines and leave their home dressed in shorts and t-shirts. Imagine what it would be like some weeks later to find yourself in the cold waters of the north with only overalls to keep you warm. The ports have a ready supply of warm garments to hand out including knitted hats, balaclavas, scarves and fingerless gloves. If you like to knit, you may like to join in. Patterns are available online or you can use your own and there is a Freepost address to send the garments to in London or if you are visiting London, you could drop them off at The Mission to Seafarers' headquarters at St. Michael Paternoster Royal Church, College Hill, London EC4R 2RI (not far from St. Paul's Cathedral) where you would be able to have a look around the church which contains a stained glass window of Dick Whittington and his cat!! Their phone number is 0207 248 5202 or you could look online at The Mission to Seafarers website.

There are also opportunities to volunteer to serve at ports in the seafarers' centres, visit ships and do other voluntary work.

Lynda Kelly

Wordsearch for Sea Sunday, 10th July

E	R	J	0	C	В	Т	Α	0	P	C	R	S	Α	0
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July	Give	Shops	Environments	Port
Sea	Thanks	Economy	Piracy	Chaplains
Sunday	Merchant	Afloat	Shipwreck	Hospitality
Remember	Seafarers	Harsh	Hundreds	Friendship
Pray	Daily	Working	global	practical

See page 19 for answers



Hartshill Community Library

Tuesday 10am to 2pm Wednesday 2pm to 4pm Thursday 2pm to 4pm (new times) Friday 10am to Midday Saturday 10am to Midday

The following sessions are also held in the library: Family History Group Mondays 1.30pm to 3.30pm Book Club first Tuesday of the month 10.30am

Sharon's Recipe - Sticky Date Cake

Ingredients

4oz / 110g raisins

8oz / 225g chopped dates

6 oz / 175g sultanas

4 oz /110g currants

10 oz / 275g margarine

Half a pint of water (275 ml)

1 large tin condensed milk

5 oz / 150g plain flour

5 oz / 150g wholemeal flour

three-quarters tsp / 3.75 ml bicarbonate of soda

A pinch of salt

1 generous tablespoon chunky marmalade

Method

- Preheat oven to gas mark 3/170 degrees C/ 325 degrees F. Grease and line 8 inch / 20 cm square cake tin. Prepare a double square of greaseproof paper the same size as the tin with a hole in the middle the size of a 50 pence coin.
- Put all the fruit, margarine, water and condensed milk in a saucepan and bring to the boil. Stir frequently to avoid sticking. Simmer for 3 minutes stirring occasionally.

 Transfer to a large mixing bowl and let it cool for about 30 minutes.
- Sift the flours together with the salt and bicarbonate of soda, tip any bran left in the sieve into the mixture.
- When the fruit has cooled, stir it into the flour mix and add the marmalade. Mix well.
- Spoon mixture into the prepared tin and cover the cake with the greaseproof paper with a hole in the middle. Bake in the centre of the oven for 2.5 3 hours.
- Remove from the oven and let it cool in the tin for 5 minutes before turning it out onto a wire tray.

This cake will keep in an airtight tin for several weeks.

Events at St Peter's Galley Common



From the Registers in June

Funerals

We express sympathy for the families and friends of:

21st June – John Zeslawski 27th June – Flavia Herbert

The Queen's 90th Birthday Party



On Saturday 11 June, 2nd Hartshill (Holy Trinity) Rainbows, Brownies and Guides joined with 1st Galley Common Rainbows and Brownies and Hartshill Scouting at Hartshill School to attend a birthday party in honour of the Queen's 90th Birthday.

The organisers obtained sponsorship from NWBC, Thermobile UK Ltd, Tesco Distribution Hinckley and SAR-VAL (Hartshill) Ltd. to help fund and provide the numerous activities for the day. We are extremely grateful for this and send a big thank you to these companies.

Each unit participated in a round robin of activities. This included an inflatable assault course and bouncy castle, where laughter was heard throughout the session from Hartshill brownies as Brown Owl misbehaved and joined in.

Each unit then made Lego models, before moving onto the next activity of fake tattoos and then having a well earned rest with a drink of squash. This then led onto flag making, crown making or kite making, depending on the age range. Each attendee left their finger print on the Queen's head before queuing for their turn at the inflatable goal.

It was then onto the numerous assault courses on offer; the girls got to catapult teddy across the school playing field and then catapult a tennis ball before moving onto welly wanging and the blindfold assault course. Lots of laughter and smiles again throughout this session. Then each unit had the opportunity to complete a relay race with a cup filled with water attached to a length of rope, and then they had to unhook and fill their coke bottle from the water left in the cup.

This provided the leaders with lots of laughter as the girls kept forgetting to unhook the cup from the string, resulting in water spraying everywhere. The scouts appeared to master this activity much better than the others.

It was then turn to go on the most exciting activity of the day – climbing. The girls organised themselves in order of height as instructed and patiently queued for their turn.



Brown Owl was heard to say that she had never witnessed such a quiet period from her unit as each girl waited in anticipation and excitement for her chance to climb the wall. I think even the leaders were excited whilst queuing.

It was lovely to see our girls attempt their climb and one or two made it to the top. Every single one who attempted it came down and asked if they could have another turn (which unfortunately wasn't possible as we had to move onto the next activity.)

All units had the chance to make a badge. The older sections made these from wood, whilst younger members made a plastic badge or key ring to take home.

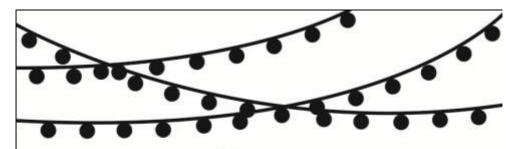
This led nicely into afternoon tea. It was so lovely to see all sections sitting and chatting away together and enjoying their sandwiches and accompaniments. We sang happy birthday to the Queen and then to one of the scout leaders whose birthday was on Sunday. Each child was given their party present of a drinking jar filled with sweets and their souvenir badges of the day. Also, everyone was given a slice of birthday cake and an ice lolly! This was a lovely touch to end such a wonderful afternoon.

We have received fabulous feedback from the helpers, leaders and activity leaders about how well behaved, polite and happy our guiding members were. We are so pleased to hear this. We appreciate all the time spent by the volunteers to organise this event and I'm sure that they feel the effort was worthwhile, knowing that the girls from Hartshill and Galley Common units had such a memorable experience, one which we hope they will remember for years to come.

We now look forward to the next joint activity with Hartshill Scouting.

Yours in Guiding,

Hartshill Guiding Leaders

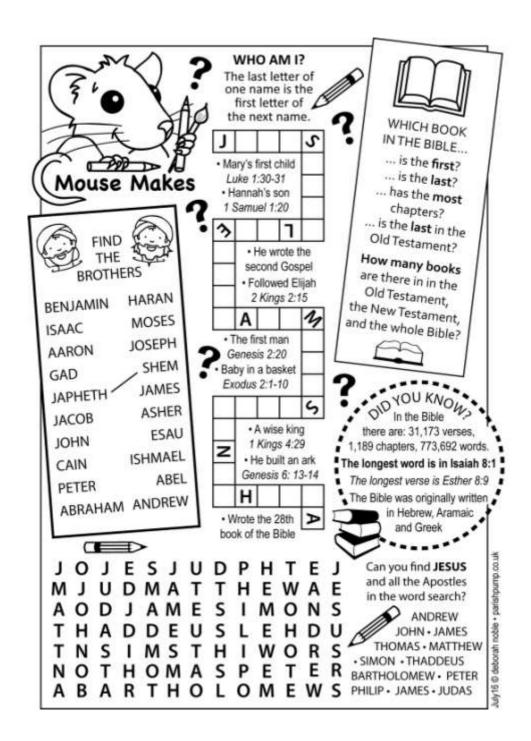


LIGHT PARTY

SUNDAY 30[™] OCTOBER I 6PM - 8PM

At the Community Centre - Next to church Children Ages 7 - 11, accompanied by an adult (Younger siblings welcome!)

FUNICRAFTS I ACTIVITIES
JOIN US FOR A FUN PARTY FULL OF LIGHT AND LIFE!



Answers to wordsearch on page 12



From the Editor

Thank you to all contributors to the magazine.

If anybody has anything they would like to share with readers of the magazine, please either write it down and give it to me or email it to me at susan.foster@bcs.org. I prefer articles in MS word with photos attached as jpegs, or alternatively pdfs.

Also, "calling all budding artists", I would like to embellish regular features with small pictures. If you feel inclined to create such a picture, I would welcome it. On paper is fine, I can scan it in!

Also, if you would like to advertise in the magazine, please contact me. Please provide a jpeg of the advert, aspect ratio 13:5.

The deadline for articles for the August/September edition is 24th July.

Who's Who?

Vicar	Revd. Heather Barnes	02476 392266
Curate	Revd. Michael Brandsma	01827 437292
Church Wardens	Mr Nick Miles	02476 394339
	Mrs Sally Young	02476 397276
PCC Secretary	Mrs Carol Miles	02476 394339
Treasurer	Mrs Wendy Albrighton	02476 397183
Planned Giving	Mrs Wendy Albrighton	02476 397183
Mothers' Union	Mrs Susan Foster	02476 319943
Verger	Mr David Hodson	07773 992270
Weddings	Mr Nick Blamire-Brown	02476 395467
Flowers	Mrs Jan Blamire-Brown	02476 395467
Baptism	Revd. Heather Barnes	02476 392266
Community Centre Bookings	Mr John Randle	02476 392856
Sunday School	Mrs Ruth Kinderman	02476 395326
Magazine editor	Mrs Susan Foster	02476 319943

Church website: http://holytrinity.avexi.co.uk/

Facebook https://www.facebook.com/groups/holytrinityhartshill/

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